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Judul : Hubungan Perilaku *Caring* Perawat Dengan Tingkat Kecemasan Pasien Pre Operasi Di Ruang Rawat Inap Rumah Sakit Bhayangkara TK. I Puskorkes Polri

ABSTRAK

Latar Belakang: *Caring* dapat membantu pasien mengatasi kecemasannya pada setiap tahapan perawatan, sehingga seorang perawat diwajibkan untuk memberikan layanan kesehatan yang berkualitas tinggi dengan menerapkan perilaku *caring* dan pemahaman yang baik mengenai situasi dan kondisi yang dihadapi oleh pasien dan lingkungannya. Tujuan penelitian ini untuk mengetahui hubungan antara perilaku *caring* perawat dengan tingkat kecemasan pasien di Ruang Rawat Inap Rumah Sakit Bhayangkara TK 1 Puskorkes Polri.

Metode Penelitian yang dipakai adalah *deskriptif korelatif* dengan jumlah populasi 334 orang. Sampel diambil dengan teknik *purpose sampling* yaitu 77 orang. Analisis yang digunakan univariat dan bivariat menggunakan *chi-square* dengan $\alpha=5\%$,

Hasil penelitian analisis univariat didapatkan Gambaran perilaku *caring perawat* mayoritas tidak *caring* sebanyak 42 responden (54,5%), gambaran tingkat kecemasan pasien mayoritas ringan sebanyak 39 pasien (50,6%), dan analisis bivariat perilaku *caring* perawat dengan tingkat kecemasan pasien diperoleh nilai $p \text{ Asym. Sig. (2-sided)} = 0,000 \leq 0,05$ maka H_0 ditolak.

Kesimpulan terdapat hubungan antara perilaku *caring* perawat dengan tingkat kecemasan pasien di Ruang Rawat Inap Rumah Sakit Bhayangkara TK 1 Puskorkes Polri.

Kata Kunci : *Caring, Tingkat Kecemasan*

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Title : The Relationship between Nurse Caring Behavior and Preoperative Patient Anxiety Levels in the Inpatient Room of Bhayangkara Kindergarten Hospital. I Police Health Center

ABSTRACT

Background: *Caring* can help patients overcome their anxiety at every stage of treatment, so a nurse is required to provide high-quality health services by applying *caring behavior* and a good understanding of the situation and conditions faced by the patient and his environment. The purpose of this study is to determine the relationship between nurses' caring behavior and the level of anxiety of patients in the Inpatient Room of Bhayangkara Hospital TK 1 Pusedokkes Polri.

The research method used is *descriptive correlative* with a population of 334 people. The sample was taken by *purpose sampling* technique, which was 77 people. The analysis used univariate and bivariate used *chi-square* with $\alpha=5\%$,

The results of the univariate analysis obtained a picture of the caring behavior of the majority of nurses who did not care as many as 42 respondents (54.5%), an overview of the anxiety level of the majority of patients with mild as many as 39 patients (50.6%), and a bivariate analysis of the behavior of nurses looking for ng with the patient's anxiety level obtained a p-Asym. Sig. (2-sided) = 0.000 < 0.05) then H0 was rejected.

The conclusion is that there is a relationship between the caring behavior of nurses and the level of anxiety of patients in the Inpatient Room of Bhayangkara Kindergarten 1 Pusedokkes Polri.

Keywords: *Caring, Anxiety Level*