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Judul : Hubungan Tingkat Pengetahuan dengan Peran Perawat dalam Upaya Percepatan Penurunan Stunting di Wilayah Kerja Puskesmas Kecamatan Kramat Jati

ABSTRAK

Latar Belakang : Stunting merupakan masalah kesehatan masyarakat yang signifikan di Indonesia, dengan dampak jangka panjang pada perkembangan fisik dan kognitif anak. Peran perawat dalam upaya percepatan penurunan stunting sangat penting, terutama dalam memberikan edukasi kesehatan dan melakukan intervensi gizi yang tepat. Pengetahuan yang memadai tentang stunting dan faktor penyebabnya menjadi kunci dalam melaksanakan peran tersebut secara efektif. **Tujuan :** Penelitian ini bertujuan untuk menganalisis hubungan antara tingkat pengetahuan dengan peran perawat dalam upaya percepatan penurunan stunting pada anak. **Metode :** Penelitian ini menggunakan metode kuantitatif dengan desain *Cross-Sectional*. Sampel penelitian terdiri dari seluruh perawat yang bekerja di Puskesmas Kecamatan Kramat Jati yaitu 54 perawat yang dipilih dengan cara total sampling. **Hasil :** Responden berusia dewasa 19-44 tahun sebanyak 68,5%, dengan jumlah pendidikan terbanyak D3 yaitu 87%. Dan responden yang bekerja lama > 5 tahun sebanyak 94,4%. Memiliki pengetahuan baik dan memiliki peran perawat yang berperan sebanyak 27 dengan persentase 79,4%. Sedangkan perawat yang memiliki pengetahuan kurang dan memiliki peran perawat kurang berperan berjumlah 10 orang dengan persentase 50%. Berdasarkan hasil analisis statistik dengan uji chi-square diperoleh nilai p value sebesar $0,045 < 0,05$, H_a diterima dan H_o ditolak. Ada hubungan tingkat pengetahuan dengan peran perawat dalam upaya percepatan penurunan stunting anak di wilayah kerja puskesmas Kramat Jati. **Kesimpulan :** Pemerintah setempat dapat bekerja sama melakukan peningkatan kompetensi perawat dalam edukasi gizi dan tumbuh kembang anak melalui pelatihan rutin, mendorong perawat untuk lebih proaktif dalam memberikan layanan promotif dan preventif terkait stunting, meningkatkan koordinasi antara perawat dan tenaga kesehatan lainnya dalam upaya percepatan penurunan stunting terutama di Puskesmas. Diperlukan strategi untuk meningkatkan pengetahuan tenaga kesehatan agar program percepatan penurunan stunting dapat berjalan lebih efektif dan memberikan hasil yang optimal bagi masyarakat.

Kata kunci : tingkat pengetahuan, peran perawat, stunting

Daftar Pustaka: 45 daftar pustaka (2018-2024)

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Judul : *The Relationship between the Level of Knowledge and the Role of Nurses in Efforts to Accelerate Stunting Reduction in the Working Area of the Kramat Jati District Health Center*

ABSTRACT

Background: Stunting is a significant public health problem in Indonesia, with long-term impacts on children's physical and cognitive development. The role of nurses in efforts to accelerate the reduction of stunting is very important, especially in providing health education and carrying out appropriate nutritional interventions. Adequate knowledge about stunting and its causative factors is key to carrying out this role effectively. **Objective:** This study aims to analyze the relationship between the level of knowledge and the role of nurses in efforts to accelerate the reduction of stunting in children. **Method:** This study used a quantitative method with a Cross-Sectional design. The study sample consisted of all nurses working at the Kramat Jati District Health Center, namely 54 nurses selected by total sampling. **Results:** Respondents aged 19-44 years were 68.5%, with the largest number of D3 education, namely 87%. And respondents who have worked for > 5 years were 94.4%. Having good knowledge and having a role as a nurse who plays a role as many as 27 with a percentage of 79.4%. While nurses who have less knowledge and have a less role as a nurse are 10 people with a percentage of 50%. Based on the results of statistical analysis with the chi-square test, the p value was obtained at $0.045 < 0.05$, H_a was accepted and H_o was rejected. There is a relationship between the level of knowledge and the role of nurses in efforts to accelerate the reduction of child stunting in the Kramat Jati Health Center work area. **Conclusion:** The local government can work together to improve the competence of nurses in nutrition education and child growth and development through routine training, encourage nurses to be more proactive in providing promotive and preventive services related to stunting, improve coordination between nurses and other health workers in efforts to accelerate the reduction of stunting, especially in the Health Center. A strategy is needed to improve the knowledge of health workers so that the program to accelerate the reduction of stunting can run more effectively and provide optimal results for the community.

Keywords: Level of knowledge of nurses, role of nurses, stunting

References : 45 references (2018-2024)