

DAFTAR PUSTAKA

- American Diabetes Association. (2022). *Standards of Medical Care in Diabetes—2022. Diabetes Care*, 45(Supplement_1), S1–S264. <https://doi.org/10.2337/dc22-Sintesi>
- Barrett, E. J., & Riddle, M. C. (2021). Insulin therapy in type 2 diabetes: Guidelines, challenges, and strategies. *New England Journal of Medicine*, 384(9), 836–845. <https://doi.org/10.1056/NEJMra2024181>
- Black, J. M., & Hawks, J. H. (2019). *Medical-Surgical Nursing: Clinical Management for Positive Outcomes* (10th ed.). Elsevier.
- Brunner, L. S., Suddarth, D. S., & Smeltzer, S. C. (2016). *Brunner & Suddarth's Textbook of Medical-Surgical Nursing* (14th ed.). Lippincott Williams & Wilkins.
- Doenges, M. E., Moorhouse, M. F., & Murr, A. C. (2019). *Nursing Care Plans: Guidelines for Individualizing Client Care Across the Life Span* (10th ed.). F.A. Davis Company.
- Kementerian Kesehatan Republik Indonesia. (2014). *Pedoman Pencegahan dan Pengendalian Diabetes Melitus dan Penyakit Jantung*. Direktorat Jenderal Pengendalian Penyakit dan Penyehatan Lingkungan.
- Kurniawan, A., Sari, P. A., & Nugroho, H. (2021). Pengaruh latihan kaki terhadap gejala neuropati perifer pada pasien diabetes melitus tipe 2. *Jurnal Keperawatan Indonesia*, 24(1), 35–42. <https://doi.org/10.7454/jki.v24i1.1131>
- Mayoclinic.org. (2025). *Type 2 diabetes – Symptoms and causes*. Retrieved from <https://www.mayoclinic.org/diseases-conditions/type-2-diabetes>
- NANDA International. (2021). *NANDA International Nursing Diagnoses: Definitions and Classification 2021–2023*. Thieme Medical Publishers.
- Nasution, R., & Marlina, L. (2020). Implementasi asuhan keperawatan berbasis bukti pada pasien DM. *Jurnal Ilmiah Keperawatan*, 13(2), 123–131. <https://doi.org/10.5430/jik.v13i2.987>
- PERKENI (Perkumpulan Endokrinologi Indonesia). (2021). *Konsensus Pengelolaan dan Pencegahan Diabetes Melitus Tipe 2 di Indonesia*. Jakarta: PB PERKENI.

- Potter, P. A., Perry, A. G., Stockert, P., & Hall, A. (2021). *Fundamentals of Nursing* (10th ed.). Elsevier.
- Putri, A. W., Hartati, S., & Nuraini, R. (2023). Edukasi kesehatan terhadap kepatuhan pasien diabetes melitus tipe 2 di puskesmas. *Jurnal Keperawatan Terapan*, 10(1), 45–52. <https://doi.org/10.30659/jkt.v10i1.1924>
- Rahmawati, E., Lestari, D., & Handayani, S. (2023). Efektivitas edukasi diabetes terhadap kepatuhan pengobatan pasien DM tipe 2. *Jurnal Keperawatan Terapan*, 9(2), 88–96. <https://doi.org/10.30659/jkt.v9i2.1872>
- Shanbhag, S. R., Patil, M., & Dsouza, M. (2021). Foot exercises improve plantar pressure in patients with type 2 diabetes: A randomized controlled trial. *Journal of Diabetes Research*, 2021. <https://doi.org/10.1155/2021/5567163>
- Smeltzer, S. C., Bare, B. G., Hinkle, J. L., & Cheever, K. H. (2020). *Brunner & Suddarth's Textbook of Medical-Surgical Nursing* (15th ed.). Wolters Kluwer.
- Sudharsan, S., Meenakshi, S. R., & Kapoor, S. (2023). Genetic insights into TCF7L2 and its role in type 2 diabetes. *Endocrine Genetics*, 12(1), 31–39. <https://doi.org/10.1007/s12020-023-0324>
- Wicaksono, A., Suryanto, S., & Lestari, E. (2023). Tren prevalensi diabetes melitus tipe 2 di Indonesia: Studi literatur. *Jurnal Kesehatan Masyarakat Indonesia*, 18(1), 12–21. <https://doi.org/10.14710/jkmi.v18i1.30023>
- World Health Organization. (2021). *Diabetes: Key facts*. <https://www.who.int/news-room/fact-sheets/detail/diabetes>
- Zhou, B., Lu, Y., & Wang, T. (2022). Role of visceral adiposity in insulin resistance and type 2 diabetes: A review. *Diabetology International*, 13(4), 387–396. <https://doi.org/10.1007/s13340-022-00575-0>