

ABSTRAK

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Program Studi : Magister Kesehatan Masyarakat
Judul : Hubungan Kepemilikan Asuransi dan Paritas dengan Keputusan Seksio Sesarea pada Ibu Hamil dengan Ketuban Pecah Dini di RSIA Anugerah Medical Center Kota Metro Tahun 2024

Latar Belakang: KPD merupakan komplikasi obstetri yang dapat meningkatkan risiko infeksi, persalinan prematur, hingga kematian ibu dan bayi. Tindakan seksio sesarea sering menjadi pilihan pada kasus KPD, namun keputusan ini tidak hanya dipengaruhi indikasi medis, tetapi juga faktor non-medis seperti kepemilikan asuransi dan paritas. Data RSIA AMC Metro tahun 2024 mencatat 116 kasus KPD, di mana 70% diakhiri dengan SC, mayoritas pada ibu dengan kepemilikan asuransi dan paritas *primigravida*.

Tujuan penelitian: mengetahui hubungan kepemilikan asuransi dan paritas dengan keputusan seksio sesarea pada ibu hamil dengan KPD.

Metode penelitian: desain kuantitatif analitik observasional dengan pendekatan *cross-sectional*. menggunakan *total sampling* terhadap 100 ibu hamil dengan KPD yang memenuhi kriteria inklusi. Data sekunder diperoleh dari rekam medis. Analisis dilakukan menggunakan uji *chi-square* untuk analisis bivariat dan regresi logistik berganda model faktor risiko untuk analisis multivariat.

Hasil penelitian: kepemilikan asuransi dan paritas memiliki hubungan dengan pengambilan keputusan seksio sesarea pada ibu hamil setelah dikontrol oleh usia dan pendidikan dengan OR kepemilikan asuransi 11,776, OR paritas 6,010.

Rekomendasi: Rumah sakit diharapkan dapat memperkuat kegiatan konseling antenatal dengan memberikan edukasi menyeluruh mengenai pencegahan KPD, tidak hanya menekankan pada aspek medis, tetapi juga mengaitkan faktor-faktor penting seperti kepemilikan asuransi kesehatan, paritas, usia, dan pendidikan serta mengembangkan kanal informasi khusus mengenai upaya pencegahan KPD yang bersifat komprehensif dan mudah diakses agar ibu hamil mampu mengambil keputusan yang tepat dan memastikan proses persalinan berlangsung lebih aman.

Kata Kunci: Kepemilikan Asuransi, Paritas, *Seksio Sesarea*, Ketuban Pecah Dini

ABSTRACT

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Courses : Master of Public Health
Judul : *The Relationship between Insurance Ownership and Parity with the Decision of Cesarean Section in Pregnant Women with Premature Rupture of Membranes at RSIA Anugerah Medical Center, Kota Metro, 2024*

Background: *Premature rupture of membranes (PROM) is an obstetric complication that can increase the risk of infection, preterm delivery, and even maternal and neonatal death. Cesarean section is often chosen in PROM cases; however, the decision is influenced not only by medical indications but also by non-medical factors such as health insurance ownership and parity. Data from RSIA AMC Metro in 2024 recorded 116 cases of PROM, with 70% ending in cesarean section, mostly among mothers with health insurance and primigravida parity.*

Research Objective: *To determine the relationship between health insurance ownership and parity with the decision of cesarean section in pregnant women with PROM.*

Research Method: *This study used a quantitative analytic observational design with a cross-sectional approach. Total sampling was applied to 100 pregnant women with PROM who met the inclusion criteria. Secondary data were obtained from medical records. Data analysis was carried out using the chi-square test for bivariate analysis and multivariate logistic regression with a risk factor model.*

Research Results: *Health insurance ownership and parity were found to be significantly associated with the decision of cesarean section in pregnant women with PROM after controlling for age and education, with odds ratios of 11.776 for health insurance ownership and 6.010 for parity.*

Recommendation: *Hospitals are expected to strengthen antenatal counseling activities by providing comprehensive education on PROM prevention, not only focusing on medical aspects but also incorporating important factors such as health insurance ownership, parity, age, and education. In addition, hospitals should develop a dedicated information channel on PROM prevention that is comprehensive and easily accessible, so that pregnant women can make informed decisions and ensure safer delivery outcomes.*

Keywords: *Insurance Ownership, Parity, Cesarean Section, Premature Rupture of Membranes*