

DAFTAR PUSTAKA

- Aini, Z. K., & Paskarini, I. (2022). *Hubungan Beban Kerja Fisik Dan Shift Kerja Dengan Kelelahan Kerja Subjektif Pekerja Shift (Studi Pada Pekerja Shift Di Puskesmas Kepohbaru, Kab. Bojonegoro)*. *Preventif Jurnal Kesehatan Masyarakat*. <https://doi.org/10.22487/preventif.v13i4.330>
- (2020), W. H. O. (2020). No Title. *State of the World's Nursing 2020: Investing in Education, Jobs and Leadership*. WHO.
- Creswell, J. W. (2014). (2014). No Title. *Research Design: Qualitative, Quantitative, and Mixed Methods Approaches*. Sage Publications.
- Adawiyah, R., & Blikololong, J. B. (2018). *Hubungan Antara Dukungan Sosial Dan Burnout Pada Karyawan Rumah Sakit*. *Jurnal Psikologi*. <https://doi.org/10.35760/psi.2018.v11i2.2264>
- Adib-Hajbaghery, M., & Sooki, Z. (2017). *The relationship between job stress and job satisfaction in nurses in Kashan, Iran*. *Nursing and Midwifery Studies*, 6(1), 1-6. (2017). No Title. *The Relationship between Job Stress and Job Satisfaction in Nurses in Kashan, Iran*. *Nursing and Midwifery Studies*, 6(1), 1-6., 1–6.
- Adriaenssens, J., De Gucht, V., & Maes, S. (2015). *Determinants of burnout and engagement among teachers: A systematic review*. *Teaching and Teacher Education*, 47, 186–195.
- Alfahmi, M. A. H., & Faris, A. Z. (2023). *Hubungan Usia, Masa Kerja, Status Gizi Dan Beban Kerja Terhadap % Cardiovascular Load (%Cvl) Pada Pekerja Area Fill and Pack, Cosmetic Production Di Pt X*. In *Healthy Tadulako Journal (Jurnal Kesehatan Tadulako)*. <https://doi.org/10.22487/htj.v9i2.668>
- Almuhaidb, M., AlDossary, N., Al-Qarni, H., Al Haqwi, A. I., Alshihre, M., & Alyami, A. (2023). *Impact of Physical Activity Programs on Job-Related Stress Among Healthcare Personnel*. *Ijsr*. <https://doi.org/10.59992/ijsr.2023.v2n11p21>
- Alomi, Y. A., Alblawi, S. M., Muwainea, H. M., Al Jasser, A. A., Almadany, M.

- H., & Alzahrani, O. A. (2023). Attitudes and Perceptions of Pharmacists About Home Care Pharmacy Services in Saudi Arabia. *International Journal of Pharmacology and Clinical Sciences*. <https://doi.org/10.5530/ijpcs.2022.11.23>
- Alomi, Y. A., Almadany, M. H., Al Jasser, A. A., Alrakaf, F. A., Alshamrani, F. A., Muwainea, H. M., & Alzahrani, O. A. (2023). The Practice of Home Healthcare Services by Pharmacists in Saudi Arabia. *International Journal of Pharmacology and Clinical Sciences*. <https://doi.org/10.5530/ijpcs.2022.11.17>
- Amalia, I., & Widajati, N. (2019). Faktor Yang Berhubungan Dengan Kelelahan Kerja Pada Tenaga Kerja Unit Pengerolan Besi. *Journal of Health Science and Prevention*. <https://doi.org/10.29080/jhsp.v3i1.147>
- Arifin, N. F., Pasinringi, S. A., & Palu, B. (2018). Kepuasan Kerja Tenaga Medis Pada Era Jaminan Kesehatan Nasional. *Media Kesehatan Masyarakat Indonesia*. <https://doi.org/10.30597/mkmi.v14i2.4531>
- Aronsson, G., et al. (2000). S. but yet at work. A. empirical study of sickness presenteeism. J. of E. & C. H. (n.d.). *No Title*.
- Bakker, A. B., & Demerouti, E. (2017). Job demands–resources theory: Taking stock and looking forward. *Journal of Occupational Health Psychology*, 22(3), 273–285. (n.d.). *No Title*.
- Bakker, A. B., Demerouti, E., & Sanz-Vergel, A. I. (2014). Burnout and work engagement: The JD–R approach. *Annual Review of Organizational Psychology and Organizational Behavior*, 1, 389–411. (n.d.). *No Title*.
- Bakker, A. B., & Demerouti, E. (2007). The Job Demands-Resources model: state of the art. *Journal of Managerial Psychology*, 22(3), 309–328. <https://doi.org/10.1108/02683940710733115>
- Bakker, A. B., & Demerouti, E. (2008). Towards a Model of Work Engagement. *Career Development International*. <https://doi.org/10.1108/13620430810870476>
- Bakker, A. B., & Demerouti, E. (2017). Job Demands–resources Theory: Taking Stock and Looking Forward. *Journal of Occupational Health Psychology*.

<https://doi.org/10.1037/ocp0000056>

- Bakker, A. B., Veldhoven, M. van, & Xanthopoulou, D. (2010). Beyond the Demand-Control Model. *Journal of Personnel Psychology*. <https://doi.org/10.1027/1866-5888/a000006>
- Cañadas-De la Fuente, G. A., Vargas, C., San Luis, C., García, I., Cañadas, G. R., & De la Fuente, E. I. (2015). Risk factors and prevalence of burnout syndrome in the nursing profession. *International Journal of Nursing Studies*, 52(1), 240–249. <https://doi.org/https://doi.org/10.1016/j.ijnurstu.2014.07.001>
- Cesilia, R., & Kosasih, K. (2024). Pengaruh Beban Kerja Dan Kelelahan Kerja Terhadap Kinerja Perawat. *Jurnal Sosial Teknologi*. <https://doi.org/10.59188/jurnalsostech.v4i10.26775>
- Chaerani Efendy, I. R., Baharuddin, A., & Fachrin, S. A. (2022). Faktor Yang Berhubungan Dengan Kelelahan Kerja Pada Perawat Ruang Isolasi Covid-19. *Window of Public Health Journal*. <https://doi.org/10.33096/woph.v3i3.103>
- Chen, G., Wang, J., Huang, Q., Sang, L., Yan, J., Chen, R., Cheng, J., Wang, L., Zhang, D., & Ding, H. (2024). Social Support, Psychological Capital, Multidimensional Job Burnout, and Turnover Intention of Primary Medical Staff: A Path Analysis Drawing on Conservation of Resources Theory. *Human Resources for Health*. <https://doi.org/10.1186/s12960-024-00915-y>
- Clausen, T., Nielsen, K., Carneiro, I. G., & Borg, V. (2011). Job Demands, Job Resources and Long-term Sickness Absence in the Danish Eldercare Services: A Prospective Analysis of Register-based Outcomes. *Journal of Advanced Nursing*. <https://doi.org/10.1111/j.1365-2648.2011.05724.x>
- Crawford, E. R., LePine, J. A., & Rich, B. L. (2010). Linking job demands and resources to employee engagement and burnout: A theoretical extension and meta-analytic test. *Journal of Applied Psychology*, 95(5), 834–848. (n.d.). *No Title*.
- Cynthia, O., & Hartati, T. (2022). *Karyawan Plywood Dengan Metode Konsumsi Energi Dan Nasa-Tlx*. 16(2).

- Dameria Noviana Habeahan, Gurdani Yogisutanti, F. F. (2020). Beban Kerja, Stres Kerja Dan Kelelahan Kerja Pada Karyawan Pabrik Sepatu Di Sukabumi. *Prosiding Pertemuan Ilmiah Nasional Penelitian & Pengabdian Masyarakat II*, 2(1), 185–194.
- Darmasari, E. (2022). Pengaruh Beban Kerja dan Stres Kerja terhadap Produktivitas Kerja Karyawan CV.Sinar Utama Yamaha Kota samarinda. *Jurnal Administrasi Bisnis FISIPOL UNMUL*, 10(4), 296. <https://doi.org/10.54144/jadbis.v10i4.9190>
- De Stefani, S. G., & Kosasih, K. (2024). *Pengaruh Beban Kerja Terhadap Kesehatan Mental Dan Kinerja Di Instalasi Gizi. Journal Pegguruang Conference Series*. <https://doi.org/10.35329/jp.v6i2.5804>
- Dollard, M. F., & McTernan, W. (2011). *Psychosocial Safety Climate: A Multilevel Theory of Work Stress in the Health and Community Service Sector. Epidemiology and Psychiatric Sciences*. <https://doi.org/10.1017/s2045796011000588>
- Eravianti, E. (2021). *Metodologi Penelitian Kesehatan*. <https://doi.org/10.31219/osf.io/cmv89>
- Fan, J., Liu, J., & Smith, A. (2021). *The Relationship Between Workload, Fatigue and Sleep Quality of Psychiatric Staff*. https://doi.org/10.1007/978-3-030-91408-0_10
- Fitriana, A., Kurniawati, E., & Mirsiyanto, E. (2021). *Faktor Yang Berhubungan Dengan Kelelahan Kerja Perawat Ruang Isolasi Covid-19 Di RSUD K.H Daud Arif Kuala Tungkal*. JPKM Jurnal Profesi Kesehatan Masyarakat. <https://doi.org/10.47575/jpkm.v2i2.233>
- Gautama, I., & Wardani, R. (2025). *Analisa Beban Kerja Dan Tingkat Kelelahan Terhadap Kinerja Tenaga Kesehatan Di IGD Dan Ruang Rawat Inap RS Puskikes Puskesmas Jakarta Timur*. Al Qalam Jurnal Ilmiah Keagamaan Dan Kemasyarakatan. <https://doi.org/10.35931/aq.v19i2.4809>
- Giordano, N., Rosati, S., Valeri, F., Borchellini, A., & Balestra, G. (2021). *Simulation of the Impact on the Workload of the Enlargement of the Clinical Staff of a Specialistic Reference Center*. <https://doi.org/10.3233/shti210242>

- Grosfeld-Nir, A., Ronen, B., & Kozlovsky, N. (2007). *The Pareto Managerial Principle: When Does It Apply? International Journal of Production Research*. <https://doi.org/10.1080/00207540600818203>
- Gultom, S. P., & Sopian. (2019). *Analisis Kebutuhan Tenaga Rekam Medis Berdasarkan Beban Kerja Di Bagian Pelaporan Rumah Sakit Khusus Ginjal Rasyida Tahun 2018*. *Jurnal Ilmiah Perekam Dan Informasi Kesehatan Imelda (Jipiki)*. <https://doi.org/10.52943/jipiki.v3i2.67>
- Haj, M. El, Allain, P., Annweiler, C., Boutoleau-Bretonnière, C., Chapelet, G., Gallouj, K., Kapogiannis, D., Roche, J., & Boudoukha, A. H. (2021). High Exhaustion in Geriatric Healthcare Professionals During the COVID-19 Second Lockdown. *Journal of Alzheimer S Disease*. <https://doi.org/10.3233/jad-210615>
- Hali, N. H., Fitriani, A. D., & Syamsul, D. (2021). Analisis Manajemen Farmasi Rumah Sakit TK II Putri Hijau KESDAM I/Bb Medan Tahun 2020. *Cerdika Jurnal Ilmiah Indonesia*. <https://doi.org/10.36418/cerdika.v1i4.55>
- Hanafiah, A., O, E. N., & Rachman, M. A. (2024). Analisis Beban Kerja Bagian Rekam Medis Di Puskesmas Dau Kabupaten Malang. *Snapp*. <https://doi.org/10.24929/snapp.v2i1.3176>
- Hasan, H. M., Komara, C. P., Putro, W. G., & Melizsa, M. (2022). Hubungan Antara Beban Kerja Dengan Kelelahan Kerja Pada Pekerja Bagian Produksi Di Pt. Tri Teguh Manunggal Sejati Kota Tangerang. *Journal of Health Research Science*, 2(01), 1–8. <https://doi.org/10.34305/jhrs.v2i1.478>
- He, Q., Ren, J., Wang, G., & Wang, Y. (2025). A National Cross-Sectional Study on Latent Profile Analysis of Occupational Fatigue Among Chinese Nurses in the Early Post-Covid-19 Era. *Frontiers in Public Health*. <https://doi.org/10.3389/fpubh.2024.1501417>
- Heltiani, N. (2016). Analisis Kebutuhan Tenaga Kerja Berdasarkan Beban Kerja Dengan Metode Workload Indicator of Staffing Need (Wisn) Di Unit Rekam Medis Rumah Sakit Rafflesia Bengkulu. *Jurnal Manajemen Informasi Kesehatan (Health Information Management)*. <https://doi.org/10.51851/jmis.v1i2.23>

- Herdiyani, H., Machasin, M., & Roesdy, R. (2024). *Pengaruh Komunikasi, Motivasi Kerja Dan Disiplin Kerja Terhadap Kinerja Tenaga Medis Pada UPT Puskesmas Tanjung Medang Kecamatan Rupert Utara Kabupaten Bengkalis*. <https://doi.org/10.57235/jamparing.v2i2.2814>
- Hu, Q., Schaufeli, W. B., & Taris, T. W. (2011). The Job Demands–Resources Model: An Analysis of Additive and Joint Effects of Demands and Resources. *Journal of Vocational Behavior*. <https://doi.org/10.1016/j.jvb.2010.12.009>
- Hupkes, L., & Kodden, B. (2019). Organizational Environment, Personal Resources and Work Engagement as Predictors of Coaching Performance. *Journal of Management Policy and Practice*. <https://doi.org/10.33423/jmpp.v20i3.2230>
- I Erap, Z. A., Fanggidae, R. E., Maak, C. S., & C Fanggidae, R. P. (2024). Pengaruh Beban Kerja Dan Lingkungan Kerja Terhadap Produktivitas Kerja Pada Pegawai Rutan Kelas Ii B Soe. *Glory*. <https://doi.org/10.35508/glory.v5i1.12781>
- ILO. (2018). Meningkatkan Keselamatan dan Kesehatan Pekerja Muda. In *Kantor Perburuahan Internasional , CH- 1211 Geneva 22, Switzerland*.
- Ima Rahmawati, Hana Lestari, B. H. (2019). No 主観的健康感を中心とした在宅高齢者における 健康関連指標に関する共分散構造分析Title. *Sustainability (Switzerland)*, 11(1), 1–14. http://scioteca.caf.com/bitstream/handle/123456789/1091/RED2017-Eng-8ene.pdf?sequence=12&isAllowed=y%0Ahttp://dx.doi.org/10.1016/j.regsciurbeco.2008.06.005%0Ahttps://www.researchgate.net/publication/305320484_SISTEM_PEMBETUNGAN_TERPUSAT_STRATEGI_MELESTARI
- Indiawati, O. C., Syaâ€™adiyah, H., Rachmawati, D. S., & Suhardiningsih, A. V. S. (2022). Analisis Faktor Yang Mempengaruhi Kejadian Burnout Syndrome Perawat Di Rs Darmo Surabaya. *Jurnal Keperawatan Dan Kesehatan Masyarakat Cendekia Utama*, 11(1), 25. <https://doi.org/10.31596/jcu.v11i1.1037>
- Ismatullah, N. K., & Andriani, H. (2024). Perhitungan Beban Kerja Petugas Filing

- Rekam Medis Menggunakan Metode FTE Di RS X. *JSN Jurnal Sains Natural*. <https://doi.org/10.35746/jsn.v2i3.569>
- Jang, H. J., Kim, O., Kim, S., Kim, M. S., Choi, J. A., Kim, B., Dan, H., & Jung, H. (2021). Factors Affecting Physical and Mental Fatigue Among Female Hospital Nurses: The Korea Nurses' Health Study. *Healthcare*. <https://doi.org/10.3390/healthcare9020201>
- Jawad, M., Al-Rasoul Al-Reda, D. A., Armeah, W. A., & Abdulhussein, A. J. (2021). Assessment of the Burnout Level in Health Care Worker During COVID 19. *Indian Journal of Forensic Medicine \& Toxicology*. <https://doi.org/10.37506/ijfmt.v15i3.15639>
- Jeilani, A., & Hussein, A. (2025). Impact of digital health technologies adoption on healthcare workers' performance and workload: perspective with DOI and TOE models. *BMC Health Services Research*, 25(1), 271. <https://doi.org/10.1186/s12913-025-12414-4>
- Jia, H., Shang, P., Gao, S., Cao, P., Yu, J., & Yu, X. (2022). Work Stress, Health Status and Presenteeism in Relation to Task Performance Among Chinese Medical Staff During COVID-19 Pandemic. *Frontiers in Public Health*, 10. <https://doi.org/10.3389/fpubh.2022.836113>
- Kelelahan, T. (2025). *Kinerja Tenaga Kesehatan Di IGD dan Ruang Rawat Inap RS Puskikes Puskesmas Jakarta Timur Program Pascasarjana , Universitas Strada Indonesia Abstrak dengan tingkat kelelahan yang meningkat pada tenaga kesehatan . Misalnya , penelitian oleh kesehatan dan k.* 19(2), 1290–1301.
- Kessler, R. C., et al. (2003). The World Health Organization Health and Work Performance Questionnaire (HPQ). *Journal of Occupational and Environmental Medicine*, 45(2), 156-174. (n.d.). *No Title*.
- Khairunnisa¹, Fakhshanoor², M. F. A. (2022). *Hubungan Beban Kerja Dengan Kelelahan Kerja Terhadap Kinerja Pegawai Di Puskesmas Cempaka Kota Banjarmasin Tahun 2022*. *Jurnal Fakultas Kesehatan Masyarakat, Universitas Islam Kalimantan Muhammad Arsyad Al-Banjari Banjarmasin*.
- Khamisa, N., Oldenburg, B., Peltzer, K., & Ilić, D. (2015). Work Related Stress,

- Burnout, Job Satisfaction and General Health of Nurses. *International Journal of Environmental Research and Public Health*.
<https://doi.org/10.3390/ijerph120100652>
- Kissinger, Y. E., & Wulandari, C. I. (2023). Analisis Beban Kerja Perawat Pelaksana Dalam Mengevaluasi Kebutuhan Tenaga Perawat Di RS X : Literature Review. *Media Publikasi Promosi Kesehatan Indonesia (Mppki)*.
<https://doi.org/10.56338/mppki.v6i10.3851>
- Kouatly Kambris, M. El, AlBlooshi, S., Elamin, A., & Ajja, R. (2023). *Healthcare Services Utilization and Seeking Behaviour During COVID- 19 Pandemic in the UAE – A Cross-Sectional Study*. <https://doi.org/10.21203/rs.3.rs-2710887/v1>
- Krisdiana, H., Ayuningtyas, D., Iljas, J., & Juliati, E. (2022). Hubungan Beban Kerja Tenaga Kesehatan dengan Kelelahan Kerja di Puskesmas Kecamatan Sukmajaya Kota Depok Selama Pandemi. *Jurnal Biostatistik, Kependudukan, Dan Informatika Kesehatan*, 2(3), 136.
<https://doi.org/10.51181/bikfokes.v2i3.6248>
- Kristin, A. C. (2023). Analisis Kebutuhan Tenaga Rekam Medis Berdasarkan Beban Kerja Dengan Metode Analisis Beban Kerja Kesehatan (Abk-Kes) Di Puskesmas Bareng Malang. *Healthc.Media*.
<https://doi.org/10.70633/2721-6993.221>
- Kusumah, R. M. (2022). Analisa Perbandingan Antara Rekam Medis Elektronik Dan Manual. *Comserva Jurnal Penelitian Dan Pengabdian Masyarakat*.
<https://doi.org/10.36418/comserva.v1i9.67>
- Latief, M. N., & Lestari, P. W. (2019). Hubungan Beban Dan Jam Kerja Dengan Kelelahan Kerja Pada Radiografer Rs St. Carolus. *Binawan Student Journal*.
<https://doi.org/10.54771/bsj.v1i3.78>
- Learning, M., & Circle, F. (n.d.). *Full-Circle Learning*.
- Li, C., & Meng, X. (2024). Effective Analysis of Job Satisfaction Among Medical Staff in Chinese Public Hospitals: A Random Forest Model. *Frontiers in Public Health*, 12. <https://doi.org/10.3389/fpubh.2024.1357709>
- Linda, H., Afianti, N., Nurrahmani, N., Muhibbudin, M., & Ningtyas, A. (2025).

- Hubungan Beban Kerja Pegawai Rekam Medis Dengan Mutu Pelayanan Rsud Langsa Tahun 2024. *GHSJ*. <https://doi.org/10.46244/ghsj.v4i1.2846>
- Liu, H., Fan, J., Fu, Y., & Liu, F. (2018). Intrinsic Motivation as a Mediator of the Relationship Between Organizational Support and Quantitative Workload and Work-related Fatigue. *Human Factors and Ergonomics in Manufacturing \& Service Industries*. <https://doi.org/10.1002/hfm.20731>
- Liu, S., Liu, K., & Bayly, M. (2024). Muscle Fatigue Experienced by Healthcare Workers in Hemodialysis Centers: A Survey. *Proceedings of the Human Factors and Ergonomics Society Annual Meeting*. <https://doi.org/10.1177/10711813241260309>
- Looi, J. C. L., Maguire, P. A., Kisely, S., Allison, S., & Bastiampillai, T. (2024). Psychosocial Workplace Safety in Mental Health Services – Commentary and Considerations to Improve Safety. *Australasian Psychiatry*. <https://doi.org/10.1177/10398562241283206>
- Lwanga, S. K., Lemeshow, S., & Organization, W. H. (1991). *Sample size determination in health studies : a practical manual / S. K. Lwanga and S. Lemeshow* (p. 80 p.). World Health Organization.
- Malik, I., S, I. H., & Abbas, H. H. (2021). Faktor Yang Berhubungan Dengan Kelelahan Kerja Di PT. Industri Kapal Indonesia (Persero) Makassar. *Window of Public Health Journal*. <https://doi.org/10.33096/woph.v1i5.194>
- Man Lui, J. N., Andres, E. B., & Johnston, J. M. (2018). Presenteeism Exposures and Outcomes Amongst Hospital Doctors and Nurses: A Systematic Review. *BMC Health Services Research*. <https://doi.org/10.1186/s12913-018-3789-z>
- Maslach, C., & Leiter, M. P. (2016). (n.d.). No Title. *Maslach, C., & Leiter, M. P. (2016). Understanding the Burnout Experience: Recent Research and Its Implications for Psychiatry. World Psychiatry*.
- Maslach, C., Schaufeli, W. B., & Leiter, M. P. (2001). Job burnout. *Annual Review of Psychology*, 52(1), 397-422. (n.d.). *No Title*.
- Meng, R., Li, J., Zhang, Y., Yu, Y., Luo, Y., Liu, X., Zhao, Y., Hao, Y., Hu, Y., & Yu, C. (2018). Evaluation of Patient and Medical Staff Satisfaction

- Regarding Healthcare Services in Wuhan Public Hospitals. *International Journal of Environmental Research and Public Health*, 15(4), 769. <https://doi.org/10.3390/ijerph15040769>
- Min, A., Kim, Y. M., Yoon, Y. S., Hong, H. C., Kang, M., & Scott, L. D. (2020). Effects of Work Environments and Occupational Fatigue on Care Left Undone in Rotating Shift Nurses. *Journal of Nursing Scholarship*. <https://doi.org/10.1111/jnu.12604>
- Nisak, Q., & Andriani, D. (2022). Pengaruh Lingkungan Kerja, Beban Kerja Dan Stress Kerja Terhadap Kinerja Tenaga Medis Pada Pukesmas Tarik. *Jimak*. <https://doi.org/10.55606/jimak.v1i2.432>
- Novita, S., & Prapanca, D. (2022). Pengaruh Kelelahan Kerja , Beban Kerja Dan Kepuasan Kerja Terhadap Produktivitas Kerja Karyawan CV. Homecare Medis. In *UMSIDA Preprints Server* (Vol. 3, Issue 4). <https://doi.org/10.17977/um066v3i42023p265-275>
- Nowrouzi-Kia, B., Sithamparanathan, G., Nadesar, N., Gohar, B., & Ott, M. (2021). Factors Associated With Work Performance and Mental Health of Healthcare Workers During Pandemics: A Systematic Review and Meta-Analysis. *Journal of Public Health*. <https://doi.org/10.1093/pubmed/fdab173>
- Pantow, S. S., Kandou, G. D., & Kawatu, P. A. T. (2019). Hubungan antara Beban Kerja dan Kelelahan Kerja dengan Produktivitas Kerja Perawat di Ruang Rawat Inap Rumah Sakit Umum Bethesda GMIM Tomohon. *E-CliniC*, 7(2), 113–118. <https://doi.org/10.35790/ecl.v7i2.26548>
- Paramarta, V., Naurah, G., Pratiwi, D., Salsabila, T. A., & Adam, R. O. (2024). Analisis Biaya (Investasi) Sistem Informasi Manajemen Rumah Sakit (SIMRS). *Comserva Jurnal Penelitian Dan Pengabdian Masyarakat*. <https://doi.org/10.59141/comserva.v3i10.1221>
- Patrisia, Y. (2018). Pengaruh Beban Kerja, Kelelahan Kerja Terhadap Kesehatan dan Keselamatan Kerja (K3). *Psikoborneo: Jurnal Ilmiah Psikologi*, 6(1), 142–149. <https://doi.org/10.30872/psikoborneo.v6i1.4538>
- Pavithra, L. S., Khurdi, S., -, T. P., & S, P. M. (2024). Impact of Remote Patient

- Monitoring Systems on Nursing Time, Healthcare Providers, and Patient Satisfaction in General Wards. *Cureus*. <https://doi.org/10.7759/cureus.61646>
- Peng, R., Zhou, W., Zhou, D., Chu, M., & Ling, L. (2021). The Mediating Role of Fatigue Between Mental Health and Its Associated Factors: Evidence From Chinese Healthcare Workers During the COVID-19 Pandemic. *Frontiers in Psychiatry*. <https://doi.org/10.3389/fpsyt.2021.665992>
- Permatasari, E. D., & Damayanti, N. A. (2017). Analisis Beban Kerja Tenaga Kesehatan Di Puskesmas Pacarkeling Surabaya. *Jurnal Manajemen Kesehatan Indonesia*. <https://doi.org/10.14710/jmki.5.3.2017.65-73>
- Portoghese, I., Galletta, M., Coppola, R. C., Finco, G., & Campagna, M. (2014). Burnout and workload among health care workers: The moderating role of job control. *Safety and Health at Work*, 5(3), 152–157. <https://doi.org/10.1016/j.shaw.2014.05.004>
- Pramono Siregar, A., & Ananda, Z. P. (2023). Impact of Workload on Fatigue Among Nurses in the RSUD Lubuk Pakam Installation in 202. *JIKES : JURNAL ILMU KESEHATAN Tahun 2023*, 2, 22–31.
- Pujiarti, P., & Lia Idealistiana. (2023). Pengaruh Lama Kerja Dan Beban Kerja Perawat Terhadap Burnout. *Jurnal Ilmiah Keperawatan (Scientific Journal of Nursing)*, 9(4), 354–360. <https://doi.org/10.33023/jikep.v9i4.1654>
- Putra, A. E. (2024). Peran Mediasi Kinerja Perawat Pada Pengaruh Kepemimpinan Transformational Manajer Terhadap Medication Safety Di Ruang Perawatan Inap Rumah Sakit Pekanbaru. *Jurnal Manajemen Kesehatan Yayasan Rs Dr Soetomo*. <https://doi.org/10.29241/jmk.v10i1.1789>
- Qosim, N., S, H. S., & Setyaningsih, Y. (2021). Recovery Room Efektif Menurunkan Kelelahan Kerja Pada Pekerja Di Bagian Laundry Rumah Sakit. *Jurnal Ilmu Kesehatan Masyarakat*. <https://doi.org/10.33221/jikm.v10i02.891>
- Qureshi, I., Chaloner, J., Gogoi, M., Al-Oraibi, A., Wobi, F., Reilly, H., Medišauskaitė, A., Martin, C., Irizar, P., Papineni, P., Lagrata, S., Agbonmwandolor, J. O., Pareek, M., & Nellums, L. B. (2023). Caring for

Those Who Take Care of Others: Developing Systemic and Sustainable Mental Health Support for the Diverse Healthcare Workforce in the United Kingdom. *International Journal of Environmental Research and Public Health*. <https://doi.org/10.3390/ijerph20043242>

Rahardjo, A. P., & Nurhayati, M. (2022). The Importance of Competency, Motivation and Talent Management Towards the Employees Performance at Budi Kemuliaan Hospital. *Dinasti International Journal of Education Management and Social Science*, 3(4), 448–457. <https://doi.org/10.31933/dijemss.v3i4.1162>

Rahmayanti, N., Sa'diyah, U. H., Sudjud, R. W., & Paramarta, V. (2023). Penerapan Sistem Informasi Rumah Sakit Dalam Meningkatkan Efisiensi Pelayanan Di Rumah Sakit. *Comserva Jurnal Penelitian Dan Pengabdian Masyarakat*. <https://doi.org/10.59141/comserva.v3i08.1094>

Ramadhanti, A. A. (2020). Status Gizi Dan Kelelahan Terhadap Produktivitas Kerja. *Jurnal Ilmiah Kesehatan Sandi Husada*. <https://doi.org/10.35816/jiskh.v11i1.251>

Rudyarti, E. (2021). Pengaruh Stres Kerja Terhadap Kelelahan Kerja Pada Perawat Di Rumah Sakit X. *Journal of Industrial Hygiene and Occupational Health*. <https://doi.org/10.21111/jihoh.v5i2.4654>

Salsabilla, F. A., & A. Wahyudiono, Y. D. (2023). Hubungan Karakteristik Individu Dan Beban Kerja Mental Dengan Keluhan Kelelahan Kerja Pada Bidan Rumah Sakit X Surabaya. *Media Publikasi Promosi Kesehatan Indonesia (Mppki)*. <https://doi.org/10.56338/mppki.v6i6.3314>

Saparwati, M., & Apriatmoko, R. (2020). Gambaran Kejadian Burnout Pada Perawat Di RSUD Ungaran. *Pro Health Jurnal Ilmiah Kesehatan*, 2(2), 82. <https://doi.org/10.35473/proheallth.v2i2.545>

Sari, A. R., & Muniroh, L. (2017). Hubungan Kecukupan Asupan Energi Dan Status Gizi Dengan Tingkat Kelelahan Kerja Pekerja Bagian Produksi (Studi Di PT. Multi Aneka Pangan Nusantara Surabaya). *Amerta Nutrition*. <https://doi.org/10.20473/amnt.v1i4.7127>

Sari, S. O., Kurniasari, R., & Sefrina, L. R. (2023). Asupan Zat Gizi Makro Dan

- Status Gizi Dengan Tingkat Kelelahan Pada Pekerja Dinas Tenaga Kerja Kota Bekasi. *Media Publikasi Promosi Kesehatan Indonesia (Mppki)*. <https://doi.org/10.56338/mppki.v6i11.3885>
- Sari Sigalingging, V. Y., Simanjorang, R. J., Rupang, E. R., & Barus, M. (2022). Hubungan Motivasi Kerja Dengan Kepuasan Kerja Perawat Di Rumah Sakit Santa Elisabeth Medan Tahun 2022. *Elisabeth Health Jurnal*. <https://doi.org/10.52317/ehj.v7i1.403>
- Schaufeli, W. B., & Taris, T. W. (2014). A critical review of the Job Demands-Resources Model: Implications for improving work and health. In G. F. Bauer & O. Hämmig (Eds.), *Bridging occupational, organizational and public health* (pp. 43–68). S. S. + B. M. (n.d.). *No Title*.
- Schaufeli, W. B., & Bakker, A. B. (2004). Job Demands, Job Resources, and Their Relationship With Burnout and Engagement: A Multi-sample Study. *Journal of Organizational Behavior*. <https://doi.org/10.1002/job.248>
- Setyowati, D. L., Shaluhiah, Z., & Widjasena, B. (2014). Penyebab Kelelahan Kerja Pada Pekerja Mebel. *Kesmas National Public Health Journal*. <https://doi.org/10.21109/kesmas.v8i8.409>
- Shanafelt, T. D., Hasan, O., Dyrbye, L. N., Sinsky, C., Satele, D., Sloan, J., & West, C. P. (2015). Changes in burnout and satisfaction with work-life balance in physicians and the general US working population between 2011 and 2014. *Mayo Clinic Proceedi*, 1600–1613. (n.d.). *No Title*.
- Sheren Puteri Gold Reginal*, William Arisandi2, N. S. A. H. (2022). Hubungan Beban Kerja dan Kelelahan Kerja dengan Produktivitas Kerja pada Karyawan PT. PLN NP UP Tarahan. *Jurnal Manajemen Industri Dan Sistem Informasi*, 5(2), 123–135.
- Sigalingging, V. Y. S., Simanjorang, R. J., Rupang, E. R., & Barus, M. (2022). Hubungan Motivasi Kerja dengan Kepuasan Kerja Perawat di Rumah Sakit Santa Elisabeth Medan Tahun 2022. *Elisabeth Health Jurnal*, 7(1), 50–58. <https://doi.org/10.52317/ehj.v7i1.403>
- Sinansari, P., Negoro, N. P., & Abdillah, M. M. (2021). Supply Chain Risk Analysis on Vending Machine Products (Study Case in XYZ Company). *Jurnal*

- Sosial Humaniora*. <https://doi.org/10.12962/j24433527.v14i1.7966>
- Suhartatik, S., Hendyca Putra, D. S., Farlinda, S., & Wicaksono, A. P. (2022). Evaluasi Keberhasilan Implementasi Simrs Di Rumah Sakit X Kabupaten Jember Dengan Pendekatan Metode TTF. *J-Remi Jurnal Rekam Medik Dan Informasi Kesehatan*. <https://doi.org/10.25047/j-remi.v3i3.2586>
- Sulastiani, H., Septiyanti, S., & Bur, N. (2023). Faktor Yang Berhubungan Dengan Kelelahan Kerja Pada Perawat Di Rumah Sakit Ibnu Sina Kota Makassar. *Window of Public Health Journal*. <https://doi.org/10.33096/woph.v4i6.523>
- Sumantri, S., Utami, T. N., & Astuty, D. A. (2024). Hubungan Beban Kerja Dengan Kelelahan Kerja Pada Perawat Instalasi Rawat Inap Di Rumah Sakit Islam Malahayati Medan. *Jurnal Kesehatan Komunitas (Journal of Community Health)*. <https://doi.org/10.25311/keskom.vol10.iss2.1907>
- Tabur, A., Choudhury, A., Emhan, A., Mengenci, C., & Asan, O. (2022). Clinicians' Social Support, Job Stress, and Intent to Leave Healthcare During COVID-19. *Healthcare*. <https://doi.org/10.3390/healthcare10020229>
- Tang, L., Yu, X., Wu, Y., Zhao, N., Liang, R.-L., Gao, X., Jiang, W., Chen, Y.-F., & Yang, W. (2023). Burnout, Depression, Anxiety and Insomnia Among Medical Staff During the COVID-19 Epidemic in Shanghai. *Frontiers in Public Health*. <https://doi.org/10.3389/fpubh.2022.1019635>
- Tarwaka, & Bakri, S. H. A. (2016). *Ergonomi untuk Keselamatan, Kesehatan Kerja dan Produktivitas*. <http://shadibakri.uniba.ac.id/wp-content/uploads/2016/03/Buku-Ergonomi.pdf>
- Ukkas, I. (2017). Faktor-Faktor Yang Mempengaruhi Produktivitas Tenaga Kerja Industri Kecil Kota Palopo. *Kelola Journal of Islamic Education Management*, 2(2). <https://doi.org/10.24256/kelola.v2i2.440>
- Ulfah, N., Nurcahyo, P. J., & Dwiandhono, I. (2013). Model Kuantitatif Manajemen Kelelahan Dan Beban Kerja Untuk Peningkatan Produktivitas Pekerja Penggilingan Padi. *Kesmas National Public Health Journal*. <https://doi.org/10.21109/kesmas.v7i10.8>

- Urfan, N. F., Arisanto, P. T., Wibawa, A., & Karim, A. M. (2024). Paradigma Dasar Dalam Kajian Ilmu Sosial. *WISSEN: Jurnal Ilmu Sosial Dan Humaniora* , 2(1), 231–238. <https://doi.org/10.62383/wissen.v2i1.150>
- Utami, N. N., Riyanto, R., & Evendi, A. (2018). Hubungan Antara Usia Dan Masa Kerja Dengan Kelelahan Kerja Pada Pekerja Industri Rumah Tangga Peleburan Alumunium Di Desa Eretan Kulon Kabupaten Indramayu. *Afiasi Jurnal Kesehatan Masyarakat*. <https://doi.org/10.31943/afiasi.v3i2.20>
- Valent, F., Mariuz, M., Liva, G., Bellomo, F., Corti, D., Degan, S., Ferrazzano, A., & Brusaferrero, S. (2016). A Case-Crossover Study of Sleep, Fatigue, and Other Transient Exposures at Workplace and the Risk of Non-Fatal Occupational Injuries Among the Employees of an Italian Academic Hospital. *International Journal of Occupational Medicine and Environmental Health*. <https://doi.org/10.13075/ijom.1896.00695>
- Weber, C., Golding, S. E., Yarker, J., Teoh, K., Lewis, R., Ratcliffe, E., Munir, F., Wheele, T., & Windlinger, L. (2023). Work fatigue during COVID-19 lockdown teleworking: the role of psychosocial, environmental, and social working conditions. *Frontiers in Psychology*, 14(May), 1–17. <https://doi.org/10.3389/fpsyg.2023.1155118>
- Wei, Z., Xia, B., Jiang, L., Zhu, H., Li, L., Wang, L., Zhao, J., Fan, R., Wang, P., & Huang, M. (2024). Factors Affecting Occupational Burnout in Medical Staff: A Path Analysis Based on the Job Demands-Resources Perspective. *Frontiers in Psychiatry*. <https://doi.org/10.3389/fpsyg.2024.1490171>
- West, C. P., et al. (2018). Interventions to prevent and reduce physician burnout: a systematic review and meta-analysis. *The Lancet*, 392(10152), 2272-2281. (n.d.). *No Title*.
- Xu, Y., Zhan, N., Zhang, D., Xie, Z., Li, G., & Huang, H. (2024). The Effect of Sense of Security on Job Performance of Medical Staff: The Mediating Effect of Psychological Capital. *Frontiers in Psychology*. <https://doi.org/10.3389/fpsyg.2024.1347783>
- Yalim, A. C., Daly, K., Bailey, M., Kay, D., Zhu, X., Patel, M., Neely, L. C., Díaz, D. A., Canario Asencio, D. M., Rosario, K., Cowan, M., & Pasarica, M. (2024).

Wellness and Stress Management Practices Among Healthcare Professionals and Health Professional Students. *American Journal of Health Promotion*. <https://doi.org/10.1177/08901171241275868>

Yousif, M. G., Hashim, K., & Rawaf, S. (2023). Post COVID-19 Effect on Medical Staff and Doctors' Productivity Analysed by Machine Learning. *Baghdad Science Journal*. <https://doi.org/10.21123/bsj.2023.8875>

Zamani, A., Rokhmatun, P. N., Maesaroh, S., Widiyanto, A., & Atmojo, J. T. (2023). Peningkatan Motivasi Kerja Tenaga Kesehatan Dengan Administrasi Rumah Sakit: Meta-Analisis. *Jurnal Ilmiah Permas Jurnal Ilmiah Stikes Kendal*. <https://doi.org/10.32583/pskm.v13i2.910>