

DAFTAR PUSTAKA

- Abdulkareem, M., & Syed, S. (2021). Hypertension prevalence and metabolic risk among international pilgrims. *Global Heart*, 16(1), 19.
- Ackley, Betty J., & Ladwig, Gail B. (2021). *Nursing Diagnosis Handbook: An Evidence-Based Guide to Planning Care*. St. Louis, USA: Mosby Elsevier.
- Al-Harhi, Saleh, Al-Harbi, Mohammed, & Al-Amri, Mohammed. (2021). Prevalence and determinants of hypertension among pilgrims attending Hajj medical clinics. *Saudi Medical Journal*, 42(7), 735–742.
- Al-Mutair, Abdullah, Aleneizi, Ahmed, & Aldreis, Saleh. (2021). Obesity and hypertension in Hajj pilgrims: A clinical evaluation. *Obesity Medicine*, 24, 100345.
- Alzahrani, Fahad, Baig, Mirza, & Hashim, Rakan. (2020). Lifestyle factors and hypertension among pilgrims attending pre-Hajj screening clinics. *BMC Public Health*, 20(1), 1005.
- American College of Cardiology/American Heart Association. (2017). 2017 ACC/AHA guideline for the prevention, detection, evaluation, and management of high blood pressure in adults. *Hypertension*, 71(6), e13–e115.
- American Heart Association. (2017). *Guideline for High Blood Pressure in Adults*. Dallas, USA: American Heart Association.
- American Heart Association. (2023). *Understanding Blood Pressure Readings*. Dallas, USA: American Heart Association.
- Baharudin, Iwan, & Halim, Ahmad. (2020). Pengaruh usia dan jenis kelamin terhadap tekanan darah pada jemaah haji. *Jurnal Keperawatan Indonesia*, 23(3), 167–174.
- Black, Joyce M., & Hawks, Jane Hokanson. (2014). *Medical-Surgical Nursing: Clinical Management for Positive Outcomes* (9th ed.). St. Louis, USA: Elsevier.
- Brunner, Lillian S., & Suddarth, Doris S. (2018). *Textbook of Medical-Surgical Nursing* (14th ed.). Philadelphia, USA: Wolters Kluwer.
- Carpenito, Lynda Juall. (2018). *Handbook of Nursing Diagnosis*. Philadelphia, USA: Lippincott Williams & Wilkins.

- Carretero, Oscar A., & Oparil, Suzanne. (2019). Essential hypertension. *New England Journal of Medicine*, 381(11), 1047–1058.
- Chobanian, Aram V., et al. (2003). The Seventh Report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure. *JAMA*, 289(19), 2560–2572.
- Doenges, Marilyn E., Moorhouse, Mary Frances, & Murr, Alice C. (2019). *Nursing Care Plans*. Philadelphia, USA: F.A. Davis.
- Fatani, Ahmed, Hakamy, Abdullah, & Alghamdi, Saleh. (2022). Blood pressure patterns among Hajj pilgrims: A cross-sectional study during medical check-up. *International Journal of Hypertension*, Article ID 8842019.
- Guyton, Arthur C., & Hall, John Edward. (2016). *Textbook of Medical Physiology* (13th ed.). Philadelphia, USA: Elsevier.
- Hall, John Edward. (2021). *Guyton and Hall Textbook of Medical Physiology* (14th ed.). Philadelphia, USA: Elsevier.
- Hei, Feng J., & MacGregor, Graham A. (2020). Salt intake and blood pressure. *BMJ*, 369, m1509.
- Hidayat, Andi, & Putra, Iwan. (2021). Aktivitas fisik dan stres sebagai faktor hipertensi pada calon jemaah haji. *Jurnal Promosi Kesehatan*, 9(1), 25–33.
- James, Paul A., Oparil, Suzanne, Carter, Barry L., et al. (2014). Evidence-based guideline for the management of high blood pressure in adults. *JAMA*, 311(5), 507–520.
- Joint National Committee. (2003). *The Seventh Report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure*. Bethesda, USA: NHLBI.
- Kearney, Patricia M., Whelton, Megan, Reynolds, Kristi, et al. (2005). Global burden of hypertension. *The Lancet*, 365(9455), 217–223.
- Kementerian Kesehatan Republik Indonesia. (2018). *Riset Kesehatan Dasar (Riskesdas) 2018*. Jakarta, Indonesia: Kementerian Kesehatan RI.
- Kementerian Kesehatan Republik Indonesia. (2020). *Pedoman Pemeriksaan Kesehatan Jemaah Haji*. Jakarta, Indonesia: Kementerian Kesehatan RI.
- Kementerian Kesehatan Republik Indonesia. (2021). *Pedoman Teknis Pelayanan Kesehatan Haji*. Jakarta, Indonesia: Kementerian Kesehatan RI.
- Kementerian Kesehatan Republik Indonesia. (2022). *Profil Kesehatan Jemaah Haji Indonesia*. Jakarta, Indonesia: Kementerian Kesehatan RI.

- Kementerian Kesehatan Republik Indonesia. (2023). *Pedoman Pengendalian Hipertensi*. Jakarta, Indonesia: Kementerian Kesehatan RI.
- Kementerian Kesehatan Republik Indonesia. (2023). *Pedoman Teknis Pemeriksaan Kesehatan Jemaah Haji*. Jakarta, Indonesia: Kementerian Kesehatan RI.
- Kementerian Kesehatan Republik Indonesia. (2024). *Pedoman Pemeriksaan Kesehatan Jemaah Haji*. Jakarta, Indonesia: Kementerian Kesehatan RI.
- Khan, Naveed, Abid, Muhammad, & Alzahrani, Ahmed. (2020). Cardiovascular risk factors in Hajj pilgrims undergoing medical screening. *Journal of the Saudi Heart Association*, 32(4), 402–409.
- Lewington, Stephen, Clarke, Robert, Qizilbash, Naveed, Peto, Richard, & Collins, Rory. (2002). Age-specific relevance of usual blood pressure to vascular mortality. *The Lancet*, 360(9349), 1903–1911.
- Ministry of Health Saudi Arabia. (2019). *Health Guidelines for Hajj and Umrah*. Riyadh, Saudi Arabia: MoH KSA.
- Oparil, Suzanne, et al. (2018). Hypertension. *The Lancet*, 391(10124), 801–820. Peppard, Paul E., et al. (2018). Sleep apnea and hypertension. *Journal of Hypertension*, 36(1), 12–19.
- Porth, Carol Mattson. (2015). *Essentials of Pathophysiology: Concepts of Altered Health States* (4th ed.). Philadelphia, USA: Wolters Kluwer.
- Rahman, Ahmed, Khatib, Rami, & Al-Mutairi, Saleh. (2021). Determinants of uncontrolled hypertension among Middle Eastern pilgrims. *Clinical Hypertension*, 27(18), 1–8.
- Sari, Dewi, & Wijaya, Agus. (2019). Faktor risiko hipertensi pada jemaah haji Indonesia saat medical check-up tahap I. *Jurnal Kesehatan Masyarakat*, 15(2), 210–218.
- Smeltzer, Suzanne C., & Bare, Brenda G. (2017). *Keperawatan Medikal Bedah*. Jakarta, Indonesia: EGC.
- Smeltzer, Suzanne C., & Bare, Brenda G. (2019). *Buku Ajar Keperawatan Medikal Bedah*. Jakarta, Indonesia: EGC.
- Unger, Thomas, et al. (2020). International Society of Hypertension global hypertension practice guidelines. *European Heart Journal*, 41(17), 1334–1357.
- Utami, Rina, & Nurhayati, Eka. (2020). Hubungan obesitas dan konsumsi natrium dengan kejadian hipertensi pada jemaah haji. *Media Kesehatan Masyarakat*, 14(1), 55–6

- World Health Organization. (2021). *WHO Guideline for the Pharmacological Treatment of Hypertension in Adults*. Geneva, Switzerland: WHO Press.
- World Health Organization. (2021). *Hypertension: Key Facts*. Geneva, Switzerland: World Health Organization.
- World Health Organization. (2023). *Hypertension: Key Facts*. Geneva, Switzerland: World Health Organization.
- Zaki, Mahmud, & Abdelrahman, Rami. (2022). Stress-induced hypertension among pilgrims during pre-Hajj screening. *Journal of Clinical Medical Research*, 11(6), 455–462.