

## ABSTRAK

**Nama** : Anisa Dwi Novita  
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**Judul** : Hubungan Tingkat Pendidikan Ibu Dan Dukungan Suami Terhadap Kepatuhan Ibu Hamil Trimester 3 Dalam Mengonsumsi Tablet Tambah Darah di TPMB A Kota Jakarta Timur Tahun 2025

**Latar Belakang:** Anemia pada kehamilan masih menjadi salah satu masalah kesehatan yang berdampak pada ibu maupun janin. Salah satu upaya pencegahan adalah dengan mengonsumsi tablet tambah darah (TTD) secara teratur. Namun, kepatuhan ibu hamil dalam mengonsumsi TTD dipengaruhi oleh berbagai faktor, di antaranya tingkat pendidikan ibu dan dukungan suami. **Tujuan Penelitian:** Untuk mengetahui hubungan tingkat pendidikan ibu dan dukungan suami terhadap kepatuhan ibu hamil trimester 3 dalam konsumsi tablet tambah darah di TPMB A Kota Jakarta Timur. **Sampel:** Pengambilan sampel menggunakan Total *Sampling* yaitu pengambilan seluruh populasi sebanyak 35 ibu hamil trimester 3 yang memeriksakan kehamilannya di TPMB A selama Bulan Juni 2025. **Metode Penelitian:** Penelitian ini menggunakan pendekatan kuantitatif *cross sectional* dengan analisis data menggunakan Uji *Chi Square*. **Hasil:** Terdapat hubungan antar tingkat pendidikan dengan kepatuhan mengonsumsi TTD  $p\text{ value} = 0,016 (< 0.05)$  dan terdapat hubungan antara dukungan suami dengan kepatuhan ibu hamil mengonsumsi TTD  $p\text{ value} = 0,049 (< 0,05)$ . **Kesimpulan:** semakin tinggi tingkat pendidikan ibu dan semakin baik dukungan suami, maka semakin tinggi pula kepatuhan ibu hamil trimester III dalam mengonsumsi tablet tambah darah. **Saran:** Disarankan agar tenaga kesehatan meningkatkan edukasi kesehatan kepada ibu hamil serta mendorong keterlibatan suami dalam mendukung kepatuhan konsumsi TTD.

**Kata Kunci:** Ibu hamil, Pendidikan, Dukungan Suami, Kepatuhan  
**Daftar Pustaka** : 54

## **ABSTRACT**

**Name** : Anisa Dwi Novita  
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**Tittle** : *The Relationship Between Maternal Education Level and Husband's Support on the Compliance of Third-Trimester Pregnant Women in Consuming Iron-Folic Acid Tablets at TPMB A, East Jakarta, in 2025*

**Background:** Anemia in pregnancy is still a health problem that affects both the mother and the fetus. One of the preventive measures is to consume iron supplements (TTD) regularly. However, the compliance of pregnant women in consuming iron supplements is influenced by various factors, including the mother's education level and husband's support. **Research Objective:** To determine the relationship between the mother's education level and husband's support on the compliance of third-trimester pregnant women in consuming iron supplements at TPMB A, East Jakarta City. **Sample:** Sampling used Total Sampling, namely taking the entire population of 35 third-trimester pregnant women who checked their pregnancy at TPMB A during June 2025. **Research Method:** This study used a quantitative cross-sectional approach with data analysis using the Chi Square Test. **Results:** There is a relationship between education level and compliance with iron supplements  $p \text{ value} = 0.016 (<0.05)$  and there is a relationship between husband's support and compliance with pregnant women consuming iron supplements  $p \text{ value} = 0.049 (<0.05)$ . **Conclusion:** The higher the mother's education level and the better the husband's support, the higher the compliance of pregnant women in the third trimester in taking iron tablets. **Recommendation:** It is recommended that health workers increase health education for pregnant women and encourage husbands' involvement in supporting compliance with iron tablet consumption.

**Keywords:** Pregnant women, Education, Husband's support, Compliance

**References :** 54