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Judul : Hubungan Perilaku *Caring* Perawat dengan Tingkat Kecemasan Anak Pra Sekolah yang Dirawat di Ruang Perawatan Anak RSUD Aulia Pandeglang

ABSTRAK

Latar belakang: Rawat inap merupakan peristiwa yang menimbulkan pengalaman traumatik pada anak pra sekolah sehingga terjadi kecemasan. Perilaku *caring* perawat akan membuat klien merasa nyaman dan senang ketika diberikan asuhan, Tujuan penelitian ini ialah untuk mengetahui hubungan perilaku *caring* perawat dengan tingkat kecemasan anak pra sekolah yang dirawat di ruang perawatan anak RSUD Aulia Pandeglang. **Metode:** Penelitian analitik kuantitatif dengan rancangan *cross sectional* dilakukan dalam bulan Juli 2025. Sampel penelitian anak usia pra sekolah yang di rawat di ruang perawatan anak RSUD Aulia Pandeglang dengan lama perawatan ≥ 3 hari berjumlah 107 responden dengan teknik *purposive sampling*. Data primer menggunakan kuesioner dianalisis menggunakan uji *pearson chi square*. Terdapat hubungan antara perilaku *caring* perawat dengan tingkat kecemasan anak pra sekolah yang dirawat di ruang perawatan anak RSUD Aulia Pandeglang. **Hasil:** penelitian ini anak pra sekolah terbanyak dengan umur 4 tahun, jenis kelamin perempuan, tidak pernah di rawat di rumah sakit. Perilaku *caring* perawat pada anak pra sekolah yang dirawat di ruang perawatan anak terbanyak dalam kategori sedang dan tingkat kecemasan dalam kategori sedang. **Saran:** Diharapkan perawat dapat terus meningkatkan perilaku *caring* dalam memberikan pelayanan kepada anak prasekolah dengan memperhatikan aspek psikologis, emosional, dan sosial anak. Perawat juga disarankan untuk mengikuti pelatihan komunikasi terapeutik dan pelayanan keperawatan anak secara berkelanjutan.

Kata Kunci : Perilaku *Caring* Perawat, Kecemasan Anak Pra Sekolah

Daftar Pustaka : 34 buah (2020-2024)

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Title : *The Relationship Between Nurses' Caring Behavior and the Anxiety Levels of Preschool Children Treated in the Children's Treatment Room at Aulia Pandeglang Regional Hospital*

ABSTRACT

Background: Hospitalization is an event that often causes traumatic experiences in preschool children, resulting in anxiety. Caring behavior provided by nurses will make clients feel comfortable and happy when given nursing care. The purpose of this study was to determine the relationship between nurses' caring behavior and the anxiety level of preschool children treated in the pediatric ward of Aulia Pandeglang Regional Hospital. **Method:** Quantitative analytical research with a cross-sectional design was conducted in July 2025. The sample of preschool-aged children treated in the pediatric ward of Aulia Pandeglang Regional Hospital with a length of stay ≥ 3 days totaled 107 respondents with a purposive sampling technique. Primary data using questionnaires were analyzed using the Pearson chi-square test. **Results:** This study found that most preschool children were 4 years old, female, and had never been hospitalized. Nurses' caring behavior in preschool children treated in the pediatric ward was mostly in the moderate category and their anxiety level was in the moderate category. There was a relationship between nurses' caring behavior and children's anxiety levels. **Suggestion:** It is hoped that nurses can continue to improve caring behavior in providing services to preschool children by paying attention to the psychological, emotional, and social aspects of children and participating in therapeutic communication training and ongoing child nursing services.

Keywords : Caring Behavior of Nurses, Anxiety in Preschool Children
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