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Fakultas Kesehatan
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CONTINUITY OF MIDWIFERY CARE (COMC) PADA NY. R USIA 38
TAHUN G2P1A0 DENGAN KEHAMILAN, PERSALINAN, BBL,
POSTPARTUM
NORMAL, DAN KELUARGA BERENCANA DI TPMB E
DI KOTA CIMAHI JAWA BARAT TAHUN 2025

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ABSTRAK

Pendahuluan: *Continuity of Midwifery Care* (COMC) merupakan model asuhan kebidanan berkesinambungan yang diberikan secara kontinu oleh bidan sejak masa kehamilan, persalinan, bayi baru lahir, nifas hingga pelayanan keluarga berencana. Penerapan COMC bertujuan untuk meningkatkan kualitas asuhan, mendeteksi dini komplikasi, serta meningkatkan kenyamanan dan kepuasan ibu. Model ini dinilai efektif dalam mendukung upaya penurunan angka kematian ibu dan bayi melalui pelayanan kebidanan yang komprehensif dan terintegrasi.

Tujuan: Laporan ini bertujuan untuk memberikan dan mendeskripsikan penerapan asuhan *Continuity of Midwifery Care* (COMC) pada Ny. R usia 38 tahun G2P1A0 yang meliputi asuhan kehamilan, persalinan, bayi baru lahir, masa nifas, dan keluarga berencana di TPMB E Kota Cimahi Jawa Barat.

Metodologi: Metode yang digunakan adalah studi kasus dengan pendekatan manajemen asuhan kebidanan berdasarkan tujuh langkah Varney. Asuhan dilakukan secara berkesinambungan melalui pengkajian, penegakan diagnosis, perencanaan, implementasi, dan evaluasi asuhan pada masa kehamilan, persalinan, bayi baru lahir, masa nifas, serta pelayanan keluarga berencana. Data diperoleh melalui anamnesis, pemeriksaan fisik, pemeriksaan penunjang, observasi, dan dokumentasi.

Hasil: Hasil penerapan COMC menunjukkan bahwa Ny. R menjalani kehamilan hingga persalinan secara normal tanpa komplikasi. Proses persalinan berlangsung aman, bayi lahir sehat, serta masa nifas berjalan normal. Ibu dan bayi mendapatkan asuhan sesuai standar, dengan dukungan keluarga yang baik dan kesiapan fisik, psikologis, sosial, serta kultural yang memadai. Pelayanan keluarga berencana dapat diberikan dengan baik melalui edukasi dan pengambilan keputusan yang melibatkan ibu dan keluarga.

Kata Kunci:

Continuity of Midwifery Care, Asuhan Kebidanan, Kehamilan, Persalinan, Nifas, Keluarga Berencana

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CONTINUITY OF MIDWIFERY CARE (COMC) FOR MRS. R AGED 38
YEARS, G2P1A0, WITH NORMAL PREGNANCY, CHILDBIRTH,
NEWBORN CARE, POSTPARTUM CARE, AND FAMILY PLANNING AT
TPMB E,
CIMAHI, WEST JAVA 2025

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ABSTRACT

Introduction: *Continuity of Midwifery Care (COMC) is a model of midwifery care that is provided continuously by the same midwife or a team of midwives from pregnancy, childbirth, newborn care, and the postpartum period to family planning services. This approach aims to improve the quality of care, enable early detection of complications, and enhance maternal comfort and satisfaction. COMC is considered an effective strategy to support the reduction of maternal and neonatal mortality through comprehensive and integrated midwifery services.*

Objective: *This report aims to describe the implementation of Continuity of Midwifery Care (COMC) for Mrs. R, a 38-year-old woman with G2P1A0 status, covering antenatal care, childbirth, newborn care, postpartum care, and family planning services at TPMB E, Cimahi City, West Java.*

Methodology: *This study employed a case study design using the midwifery care management approach based on Varney's seven steps. Continuous care was provided through systematic assessment, diagnosis, planning, implementation, and evaluation during pregnancy, labor, newborn period, postpartum period, and family planning services. Data were collected through interviews, physical examinations, supporting investigations, observation, and documentation.*

Results: *The implementation of COMC demonstrated that Mrs. R experienced a normal pregnancy and childbirth without complications. The delivery process was safe, the newborn was born in good condition, and the postpartum period progressed normally. Both mother and baby received care in accordance with established standards, supported by strong family involvement and adequate physical, psychological, social, and cultural readiness. Family planning services were successfully provided through appropriate counseling and shared decision-making involving the mother and her family.*

Keywords:

Continuity of Midwifery Care, Midwifery Care, Pregnancy, Childbirth, Postpartum, Family Planning