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Judul : Asuhan Keperawatan pada Klien Skizofrenia dengan Gangguan Persepsi Sensori: Halusinasi Pendengaran melalui Tindakan Terapi Menggambar di Ruang Bengkoang RSKD Duren Sawit

ABSTRAK

Latar Belakang: Gangguan jiwa, termasuk skizofrenia, merupakan kondisi serius yang ditandai dengan gangguan fungsi mental seperti waham, halusinasi, serta perubahan perilaku. Halusinasi pendengaran merupakan salah satu gejala yang paling sering dialami oleh klien dengan skizofrenia dan dapat mengganggu aktivitas sehari-hari apabila tidak ditangani dengan tepat. **Tujuan:** Untuk menggambarkan asuhan keperawatan pada klien skizofrenia dengan gangguan persepsi sensori: halusinasi pendengaran melalui penerapan terapi menggambar di Ruang Bengkoang RSKD Duren Sawit. **Metode:** Karya Ilmiah Akhir Program Profesi Ners ini menggunakan metode studi kasus pada satu klien skizofrenia dengan diagnosis gangguan persepsi sensori: halusinasi pendengaran. Asuhan keperawatan diberikan selama enam hari yang meliputi pengkajian, penetapan diagnosis keperawatan, perencanaan berdasarkan SDKI, SLKI, dan SIKI, pelaksanaan, serta evaluasi. Terapi menggambar dilakukan dalam tiga sesi. **Hasil:** Setelah enam hari pemberian asuhan keperawatan dengan tiga sesi terapi menggambar, klien menunjukkan penurunan frekuensi dan intensitas halusinasi pendengaran serta peningkatan kemampuan dalam mengontrol stimulus halusinasi. **Kesimpulan:** Terapi menggambar efektif sebagai intervensi keperawatan nonfarmakologis dalam membantu mengatasi halusinasi pendengaran pada klien dengan skizofrenia.

Kata kunci: Skizofrenia, Halusinasi Pendengaran, Terapi Menggambar, Asuhan Keperawatan.

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Title : Nursing Care for Clients with Schizophrenia and Sensory Perception Disturbance: Auditory Hallucinations through Drawing Therapy Intervention in Bengkoang Ward, RSKD Duren Sawit

ABSTRACT

Background: Mental disorders, including schizophrenia, are serious conditions characterized by disturbances in mental functioning such as delusions, hallucinations, and behavioral changes. Auditory hallucinations are one of the most common symptoms experienced by clients with schizophrenia and may interfere with daily functioning if not properly managed. **Objective:** To describe nursing care for clients with schizophrenia and sensory perception disturbance: auditory hallucinations through the application of drawing therapy in Bengkoang Ward, RSKD Duren Sawit. **Method:** This Final Scientific Project of the Professional Nursing Program used a case study method on one client with schizophrenia diagnosed with sensory perception disturbance: auditory hallucinations. Nursing care was provided for six days, including assessment, nursing diagnosis determination, planning based on SDKI, SLKI, and SIKI, implementation, and evaluation. Drawing therapy was conducted in three sessions. **Results:** After six days of nursing care with three drawing therapy sessions, the client showed a reduction in the frequency and intensity of auditory hallucinations and an improved ability to control hallucinatory stimuli. **Conclusion:** Drawing therapy is effective as a non-pharmacological nursing intervention to help manage auditory hallucinations in clients with schizophrenia.

Keywords: Schizophrenia, Auditory Hallucinations, Drawing Therapy, Nursing Care..