

UNIVERSITAS MOHAMMAD HUSNI THAMRIN

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**ASUHAN KEBIDANAN *CONTINUITY OF MIDWIFERY CARE* (CoMC) PADA NY. H
G4P3A0 USIA KEHAMILAN 38 MINGGU DENGAN PREEKLAMPSIA RINGAN DI
RUMAH SAKIT PERTAMINA JAYA
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ABSTRAK

Asuhan kebidanan *Continuity of Midwifery Care* (CoMC) merupakan pelayanan kebidanan berkesinambungan yang diberikan sejak masa kehamilan, persalinan, nifas, bayi baru lahir hingga keluarga berencana guna meningkatkan kesehatan ibu dan bayi serta mendeteksi dini komplikasi. Laporan ini bertujuan untuk melaksanakan asuhan kebidanan komprehensif pada Ny. H usia 38 tahun, G4P3A0 usia kehamilan 38 minggu dengan preeklampsia ringan di Rumah Sakit Pertamina Jaya Tahun 2025. Metode yang digunakan adalah studi kasus dengan pendekatan manajemen kebidanan menggunakan pendokumentasian SOAP. Pengkajian dilakukan melalui anamnesis, pemeriksaan fisik, pemeriksaan penunjang, skrining psikologis, identifikasi lingkungan, sosial, spiritual, budaya, serta analisis gender dan SWOT.

Hasil pengkajian menunjukkan tekanan darah 158/95 mmHg, protein urin positif +1, edema ekstremitas bawah, serta kecemasan ringan terkait kondisi kehamilan dan rencana persalinan sectio caesarea. Asuhan yang diberikan meliputi edukasi tanda bahaya kehamilan, diet DASH untuk hipertensi, kepatuhan minum obat antihipertensi, dukungan psikologis, persiapan persalinan, mobilisasi dini pasca operasi, senam nifas, perawatan luka operasi, pijat oksitosin, edukasi peningkatan produksi ASI, pijat bayi, pemantauan tumbuh kembang bayi, serta konseling keluarga berencana. Pelaksanaan asuhan dilakukan secara berkesinambungan selama masa antenatal, persalinan, nifas, neonatal, dan keluarga berencana.

Kesimpulan dari laporan ini adalah asuhan kebidanan *Continuity of Midwifery Care* pada Ny. H dengan preeklampsia ringan dapat dilaksanakan secara komprehensif sesuai standar kebidanan. Pendampingan berkelanjutan, edukasi, dukungan keluarga, serta pemantauan ketat terhadap kondisi ibu berperan penting dalam mencegah komplikasi dan mendukung pemulihan ibu serta kesehatan bayi.

Kata Kunci: *Continuity of Midwifery Care*, preeklampsia ringan, kehamilan risiko tinggi, asuhan kebidanan komprehensif, sectio caesarea.

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***CONTINUITY OF MIDWIFERY CARE (CoMC) FOR MRS. H (G4P3A0, 38
WEEKS GESTATION) WITH MILD PREECLAMPSIA AT PERTAMINA JAYA
HOSPITAL 2025***

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ABSTRACT

Continuity of Midwifery Care (CoMC) is a continuous midwifery service provided from pregnancy, childbirth, and the postpartum period through to newborn care and family planning, aimed at improving maternal and infant health and enabling the early detection of complications. This report aims to document the provision of comprehensive midwifery care for Mrs. H (38 years old, G4P3A0, 38 weeks gestation) diagnosed with mild preeclampsia at Pertamina Jaya Hospital in 2025. The study employed a case study method utilizing the midwifery management approach and SOAP documentation. Assessment was conducted through anamnesis, physical examination, diagnostic tests, psychological screening, identification of environmental, social, spiritual, and cultural factors, as well as gender and SWOT analyses.

Assessment results indicated a blood pressure of 158/95 mmHg, a positive (+1) urine protein reading, lower extremity edema, and mild anxiety regarding her pregnancy condition and the planned Caesarean section. Care provided included education on pregnancy danger signs, the DASH diet for hypertension, adherence to antihypertensive medication, psychological support, birth preparation, early postoperative mobilization, postpartum exercises, surgical wound care, oxytocin massage, education on increasing breast milk production, infant massage, monitoring of infant growth and development, and family planning counseling. Care was provided continuously across the antenatal, intrapartum, postpartum, and neonatal periods, as well as regarding family planning.

The conclusion of this report is that "Continuity of Midwifery Care" for Mrs. H, who presented with mild preeclampsia, can be implemented comprehensively in accordance with midwifery standards. Continuous guidance, education, family support, and close monitoring of the mother's condition play a vital role in preventing complications and supporting maternal recovery and infant health.

Keywords: *Continuity of Midwifery Care, mild preeclampsia, high-risk pregnancy, comprehensive midwifery care, Caesarean section*