

DAFTAR PUSTAKA

- American Psychiatric Association. (2022). *Diagnostic and statistical manual of mental disorders* (5th ed., text rev.).
- Ayu, F. N., & Prasetya, D. (2019). Pengaruh edukasi kesehatan terhadap peningkatan pengetahuan pasien skizofrenia dalam pencegahan kekambuhan. *Jurnal Keperawatan Jiwa*, 7(2), 112–119.
- Ananda, R., Putri, E., & Rahmadani, S. (2021). Efektivitas edukasi multimedia terhadap peningkatan kepatuhan keluarga dalam merawat pasien skizofrenia. *Jurnal Psikiatri Klinis*, 9(1), 55–63.
- Barrowclough, C., Haddock, G., Lobban, F., Jones, S., & Tarrier, N. (2023). *Knowledge About Schizophrenia Questionnaire (KASQ): Manual and scoring guidelines*. Oxford University Press.
- Bighelli, I., Ostuzzi, G., Girlanda, F., Cipriani, A., & Barbui, C. (2021). Psychosocial interventions to reduce relapse and rehospitalization in schizophrenia: A systematic review and meta-analysis. *Schizophrenia Research*, 231, 12–20.
- Brewin, C. R., Patel, T., & Moses, E. (2024). Social stigma and barriers to recovery in schizophrenia: A global mental health perspective. *International Journal of Social Psychiatry*, 70(1), 35–46.
- Dewi, N. S., & Handayani, T. (2022). Hubungan tingkat pengetahuan dengan kepatuhan pengobatan pada pasien skizofrenia. *Jurnal Ilmu Keperawatan*, 14(1), 20–28.
- Farhan, A., & Diah, P. (2022). Pengaruh edukasi berkelanjutan terhadap kontrol terapi jangka panjang pasien skizofrenia. *Jurnal Kesehatan Mental*, 5(3), 145–152.
- Fitzpatrick, J., & Wall, B. (1989). *Conceptual models of nursing: Analysis and application*. Appleton & Lange
- Gonda, X., Pompili, M., Serafini, G., & Rihmer, Z. (2024). Cannabis use and risk of psychosis: Neurobiological and epidemiological perspectives. *Journal of Psychiatric Research*, 168, 45–55.
- Herlina, R. (2022). Hubungan pemahaman obat dengan kepatuhan minum obat pada pasien skizofrenia. *Jurnal Keperawatan Indonesia*, 25(2), 101–110.
- Kaplan, H. I., & Sadock, B. J. (2022). *Kaplan and Sadock's synopsis of psychiatry* (12th ed.). Wolters Kluwer.

- Kementerian Kesehatan Republik Indonesia. (2019). *Laporan Riskesdas tahun 2018*. Badan Penelitian dan Pengembangan Kesehatan, Kemenkes RI.
- Kementerian Kesehatan Republik Indonesia. (2023). *Profil kesehatan jiwa Indonesia tahun 2023*. Direktorat Pencegahan dan Pengendalian Masalah Kesehatan Jiwa dan Napza, Kemenkes RI.
- Koparal, B., & Kiraz Avci, D. (2025). The mediating role of internalized stigma and illness knowledge in the relationship between psychological flexibility and symptom severity in schizophrenia. *Archives of Psychiatric Nursing*, 44(1), 101–110. <https://doi.org/10.1016/j.apnu.2024.12.003>
- Kozier, B., Erb, G., Blais, K., & Wilkinson, J. (1995). *Fundamentals of nursing: Concepts, process, and practice* (5th ed.). Addison-Wesley.
- Kusuma, D., & Sari, W. N. (2024). Coping mechanisms and relapse risk among schizophrenia patients: A cross-sectional study. *Indonesian Journal of Mental Health Nursing*, 7(2), 55–64.
- Lazarus, R. S., & Folkman, S. (1984). *Stress, appraisal, and coping*. Springer.
- Lestari, S., & Gunawan, H. (2022). Hubungan dukungan keluarga dengan kepatuhan minum obat pada pasien skizofrenia. *Jurnal Keperawatan Medikal Bedah*, 10(1), 33–40.
- Leucht, S., Leucht, C., & Huhn, M. (2022). Antipsychotic drugs in schizophrenia: Efficacy, side effects, and mechanisms. *The Lancet Psychiatry*, 9(5), 391–402.
- Liang, J., Wang, Q., & Xu, Z. (2023). Environmental risk factors for schizophrenia onset: A systematic review. *Psychiatry Research*, 325, 115–128.
- Liu, Y., Qiao, L., Yuan, Y., Hei, G., Li, S., Zhang, J., & Song, X. (2024). Psychosocial and psychological interventions for schizophrenia relapse prevention: A bibliometric analysis. *Frontiers in Psychiatry*, 15, 1342759. <https://doi.org/10.3389/fpsy.2024.1342759>
- Lumbantobing, M. (2021). Faktor-faktor yang berhubungan dengan pengetahuan pasien tentang manajemen skizofrenia. *Jurnal Keperawatan Holistik*, 5(2), 87–95.
- Lyu, F., Chen, H., & Zhao, Y. (2023). Depressive symptoms and suicide risk among patients with schizophrenia: A cross-sectional study. *Asian Journal of Psychiatry*, 87, 103–118.
- Marin, O., López, M. R., & Sánchez, P. (2023). NMDA receptor dysfunction and cognitive impairment in schizophrenia: Neurobiological mechanisms. *Neuroscience Letters*, 801, 136–145.

- Meyer, J. M., & Csernansky, J. G. (2024). Dopaminergic dysfunction in schizophrenia: Clinical and neurobiological insights. *Schizophrenia Bulletin*, 50(1), 12–25.
- Mitikhin, A., Kuzminova, O., & Alieva, A. (2024). The role of resilience and coping behavior in schizophrenia in the prevention of psychosis relapse. *Psychiatry Research*, 338, 122045. <https://doi.org/10.1016/j.psychres.2024.122045>
- Nugroho, A., Kurniawan, B., & Sari, D. P. (2023). Efektivitas psikoedukasi keluarga dalam menurunkan tingkat kekambuhan pasien skizofrenia. *Jurnal Intervensi Psikososial*, 12(1), 50–59.
- Nursalam. (2020). *Metodologi penelitian ilmu keperawatan: Pendekatan praktis*. Salemba Medika.
- Notoatmodjo, S. (2023). *Promosi kesehatan dan perilaku kesehatan* (Revisi ed.). Rineka Cipta.
- Putra, I. M., Wibowo, T., & Lestari, D. (2021). Tingkat pengetahuan dan kepatuhan minum obat pasien skizofrenia di rawat jalan. *Jurnal Kesehatan Jiwa*, 13(2), 72–80.
- Potter, P. A., & Perry, A. G. (2022). *Fundamentals of nursing* (11th ed.). Elsevier.
- Rahayu, N., Putri, A. D., & Lestari, F. (2024). Coping strategies and relapse prevention among individuals with schizophrenia in community settings. *Journal of Psychiatric and Mental Health Nursing*, 31(2), 105–114.
- Rahmawati, S., & Yusuf, A. (2020). Analisis tingkat pengetahuan pasien skizofrenia tentang pengobatan antipsikotik. *Jurnal Keperawatan Universitas Airlangga*, 8(1), 41–49.
- Rahmawati, N., Lestari, P., & Ahmad, F. (2023). Relationship between family knowledge and medication adherence in schizophrenia patients. *Journal of Psychiatric Nursing Practice*, 5(3), 211–220
- Ripke, S., Walters, J. T., & O'Donovan, M. (2023). Genomic architecture of schizophrenia from large-scale GWAS analyses. *Nature Genetics*, 55, 89–102.
- Rivelli, A., Martin, J., & Nguyen, T. (2024). Global burden and socioeconomic impact of schizophrenia: A systematic review. *The Lancet Psychiatry*, 11(4), 256–268. [https://doi.org/10.1016/S2215-0366\(23\)00456-9](https://doi.org/10.1016/S2215-0366(23)00456-9)
- Roy, C. (2009). *The Roy adaptation model* (3rd ed.). Pearson.

- Santoso, R., Amalia, D., & Setiadi, B. (2024). Efektivitas edukasi berbasis modul terhadap kepatuhan terapi obat pada pasien skizofrenia. *Jurnal Psikiatri Modern*, 11(1), 23–31.
- Sari, M., & Purnama, I. (2020). Pengaruh tingkat pendidikan terhadap pengetahuan pasien skizofrenia mengenai pencegahan kekambuhan. *Jurnal Riset Kesehatan*, 9(3), 211–219.
- Sari, R. A., Wibowo, H., & Lestiani, D. (2024). The impact of relapse on psychosocial and economic aspects among schizophrenia patients in Indonesia. *Asian Journal of Psychiatric Nursing*, 6(1), 47–58.
- Sekar, A., Bialas, A. R., & Neale, B. (2023). Complement component 4 and synaptic pruning in schizophrenia: New insights from genomic studies. *Science*, 379(6635), 52–58.
- Sitorus, L., & Dewi, K. (2019). Pengaruh psikoedukasi terhadap kemampuan keluarga dalam merawat pasien skizofrenia hebefrenik. *Jurnal Keperawatan Jiwa*, 7(1), 45–53.
- Stuart, G. W. (2023). *Principles and practice of psychiatric nursing* (12th ed.). Elsevier.
- Sugiyono. (2019). *Metode penelitian kuantitatif, kualitatif, dan R&D*. Alfabeta.
- Tomey, A. M., & Alligood, M. R. (2006). *Nursing theorists and their work* (6th ed.). Mosby Elsevier.
- Townsend, M. C., & Morgan, K. I. (2022). *Psychiatric mental health nursing: Concepts of care in evidence-based practice* (11th ed.). F.A. Davis.
- Tsuang, M. T., & Faraone, S. V. (2023). Genetics of schizophrenia: New developments and clinical implications. *Current Psychiatry Reports*, 25(2), 78–90.
- Varcarolis, E. M. (2023). *Essentials of psychiatric mental health nursing* (5th ed.). Elsevier.
- Wang, Y., Tan, C., Lee, K., & Phan, N. (2024). Mental health trends in Southeast Asia: Prevalence, challenges, and policy implications. *Asian Journal of Public Health*, 18(2), 145–160.
- Wen, X., Zhao, L., & Cheng, Q. (2025). Nursing interventions for relapse prevention in schizophrenia: A systematic review. *International Journal of Mental Health Nursing*, 34(1), e12475. <https://doi.org/10.1111/inm.12475>
- Widana, D. A., Pratama, I., & Sukardi, P. (2023). Knowledge level and relapse among patients with schizophrenia: A cross-sectional study. *Asian Journal of Psychiatry*, 87, 103–121.

- Wulandari, A., & Setyo, P. (2021). Hubungan dukungan keluarga dengan kualitas hidup pasien skizofrenia. *Jurnal Keperawatan Kesehatan Mental*, 4(2), 98–106.
- World Health Organization. (2025). *Schizophrenia: Key facts*. WHO. <https://www.who.int/news-room/fact-sheets/detail/schizophrenia>
- Wykes, T., Steel, C., & Everitt, B. (2023). Cognitive behavioral therapy for schizophrenia: Updated evidence and clinical implications. *Psychological Medicine*, 53(1), 20–34.
- Yuliana, R., & Mardani, L. (2022). Efektivitas family psychoeducation terhadap kontrol perilaku pasien skizofrenia. *Jurnal Terapi Psikososial*, 6(1), 30–37.
- Zhou, H., Lin, J., & Chen, P. (2022). Family education and coping strategies for relapse prevention among schizophrenia patients in China. *BMC Psychiatry*, 22(1), 774. <https://doi.org/10.1186/s12888-022-04415-9>